

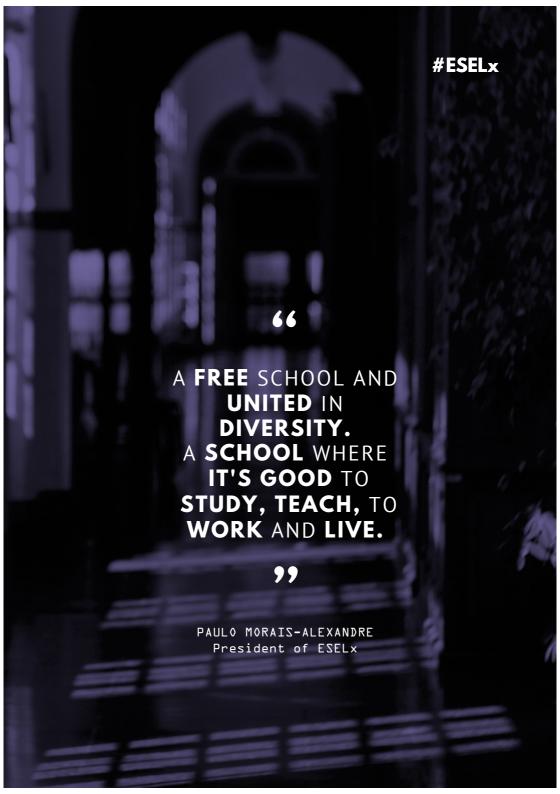
TEXTS ESELx

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PRINT ESELx

Escola Superior de Educação de Lisboa Instituto Politécnico de Lisboa 2022



WEL COME

Welcome to Escola Superior de Educação de Lisboa, our School.

Now you are part of a universe, very unique, very different, certainly more demanding, but also much more fruitful, as we will do everything to meet all your expectations.

It counts, to accompany you on the journey that is now starting, with the availability of the entire ESELx community, all those who study at the School, your colleagues, or who work here, teachers and all other employees.

We will be here to be with you on this journey that can become yours, but also ours, the best moments for years to come.

With friendship, Paulo Morais-Alexandre President of ESELx

INTERNA - TIONAL STUDENT GUIDE

05

PORTUGAL LISBON

06 Presentation

08 Studyin in Portugal

09

THE SCHOOL

10 Presentation

11 How to arrive

12 IPL Campus Map

13 ESEL_x MAP

14 Main Services

16 The Website and Platforms

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PORTUGAL LISBON

LISBON PORTUGAL

PRESENTATION

Located at the extreme southwest of Europe, Portugal is constituted by the continental territory and two Autonomous Regions, the archipelagos of Madeira and Azores (Açores). The Continent is divided into 18 districts. Portugal's total area is of 92.152 Km2 and there are around 10 million inhabitants. The Portuguese Republic borders Spain North and East and has an extensive maritime coastline South and West that bathes the Atlantic Ocean. The country's capital is Lisbon and the official language is Portuguese.



HISTORY

Portugal was founded in 1143, being one of the oldest countries in Europe. Until the 5th October 1910. when the foundations of the Modern Portuguese Republic were laid, the Portuguese monarchy had developed a long history of discoveries and conquests in Africa. India and Brazil. In 1926, the parliamentary regime was replaced by a military dictatorship leading to the formation of the Estado Novo in 1933. Democracy was restored 41 years later, on the 25th April 1974, through a nearly bloodless coup, later nicknamed the Revolution of the Carnations, which are still a national symbol of freedom. In the following years, mostly as a consequence of the restoration of democracy, independence was granted to some of Portugal's last colonies: São Principe, Angola, Guinea-Bissau, Mozambigue and Cape Verde. In 1986, after nine years of negotiations, Portugal joined the EC. Today, it is one of the 27 members of the EU.

POLITICAL SYSTEM

Portugal is a Parliamentary Republic. The President is directly elected by universal adult suffrage every 5 years. Executive power is exercised by the Council of Ministers. Legislative power is vested in both the government and the Parliament. Since 1975 the party system is dominated by the Socialist Party (Partido Socialista) and Social Democratic Party (Partido Social Democrata). Other political parties include: Bloco de Esquerda, Partido Comunista Português, CDS/Partido Popular.

ECONOMY

After entering the EC in 1986, Portugal benefited from a significant economic growth and development throughout the 90s, largely thanks to the funds allocated by the European Union to improve the country's infrastructures. Although this scenario changed quite dramatically in the past years, the service industry, particularly tourism, is playing an increasingly important role in Portugal's economy. Today Portugal is part of the "euro area" (Economic and Monetary Union). Currency Since January 2002 the Euro has replaced the Escudo as the national currency.

CLIMATE

Mainland Portugal is blessed with both an Atlantic and Mediterranean climate, providing mild year-round weather with no excessive variations of temperature (usually between 10°C in winter and 30° C in summer).

TIME ZONE

Continental Portugal and the Madeira archipelago adhere to the "Greenwich Mean Time" (GMT). In the Azores archipelago it is one hour earlier than in the rest of Portugal and Madeira. From October to March, Portugal (continent & islands) uses the daylight saving time.

RELIGION

Although Portugal is a laic country, most Portuguese citizens are Roman Catholics and most holidays have a religious character.

LANGUAGE

Of Latin origin, Portuguese is the third most widely spoken European language in the world and is mother tongue to about 200 million people in Angola, Cape Verde Islands, Guinea Bissau, Mozambique, S. Tomé and Príncipe in Africa and Brazil in South America. The mostcommonly spoken foreign languages are English, Spanish, and French. German is also known in the main

tourist regions of the country, such as Lisbon, Madeira and the Algarve. Despite its similarities to Spanish, Portuguese sounds more like a Slavic language than a Romanic one to an untrained ear. It will therefore take you some time to get acquainted with Portuguese pronunciation.

GASTRONOMY

Portuguese food is distinctive and varied, featuring many regional specialities that have evolved from local traditions and ingredients. A typical meal in Portugal starts with a selection of appetizers such as goat or sheep's cheese, pâté, olives, cornbread and delicious smoked ham called presunto. Soup (sopa) is a regular feature on the restaurant menus, normally made on the premises with fresh ingredients bought at the local market. Fish is a mainstay of Portuguese cuisine, particularly sardines (sardinhas) and the everpresent dried codfish known as bacalhau. Portuguese meat is both tasty and safe to eat, particularly pork (porco) which for centuries has been an important livestock in the country's rural economy.

NATIONAL HOLIDAYS



MOVEABLE PUBLIC HOLIDAYS



STUDYING IN PORTUGAL

APPLICATION

To apply for Higher Education courses via the national system, students must go through a competitive process with access being regulated by the numerous clauses system. Higher Education provides the following academic qualifications:

- # First-degree (licenciado)
- # Master's degree (mestre)
- # PhD (doutor)

University and Polytechnic Institutions confer First-degrees and Master's degrees, while Universities also award PhD. In Polytechnics, a licenciado degree normally involves six semesters, which corresponds to 180 credits. In Universities a licenciado degree normally lasts from six to eight semesters, which corresponds to 180 or 240 credits (in that case it is then called Mestrado Integrado). The study cycle that leads to a master degree lasts between three and four semesters, both in Universities and Polytechnics. corresponding to 90 or 120 credits. Fees are set by the different Higher Education institutions, and their amount is defined between a minimum and a maximum, depending on the type of the course

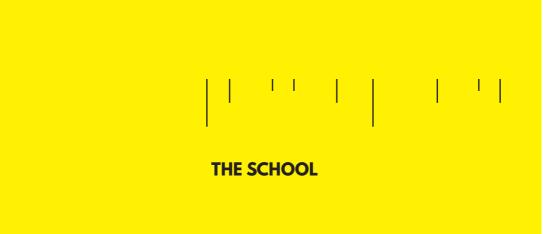
ASSESSMENT

Assessment can be either continuous or final, depending on the course, the module taken and individual choice. In a continuous assessment scheme, students will have to submit one or two essays (trabalhos), prepare a presentation (apresentação) or do a short test. Final examinations are usually written although oral exams are also possible.

GRADING SYSTEM

The Portuguese grading system is ranked on a scale of 0 to 20. In order to pass a subject, you must achieve a minimum score of 10.

0-9 insufficient 10-13 sufficient 14-15 good 16-17 very good



| | | |

THE SCHOOL ESELX

PRESENTATION

HISTORY

School of Education dates back to the beginning of the 20th century. The building which now houses the school was built between 1913 and 1916, designed by the architect Adães Bermudes to house the normal primary school of Lisbon, as a result of the 1st republic's educationpolicy. After that it housed the School of primary teaching, until its closure in 1988. Lisbon's Higher School of Education began its activities in 1985 and in 1990 took up permanent residence in the building where it stands today.

Courses

FIRST-DEGREE

\ in Artistic and cultural mediation
\ in Basic education
\ in Music in community development
\ in Sociocultural community
development
\ in Visual arts and technologies

OTHER POSTGRADUATE

\ in design of interactive products for education

\ in didactics of mathematics - learning and resources

\ in digital education

\ in education in nursery and other equipment with children of 0 to 3 years

\ in inclusive pedagogy

\ in puppets and animated forms

\ in stories of animation

MASTER'S DEGREE

Professional masters

\ in Teacher training - Pre-school Education \ in Teacher training - Teaching 1st cycle and maths an natural sciences for 2nd Cycle of Basic school.

\ in Teacher training - Teaching 1st cycle and portuguese language, history and geography for 2nd Cycle of Basic school.

\ in Teacher training - Teaching Visual and Technological Education in Basic Education

Masters non-professional

\ of arts education \ of early intervention \ in didactics of portuguese language \ in play, toys and languages in early childhood education - Erasmus Mundus Joint Master Degree \ in school administration

\ in social education and community intervention \ in special education

HOW TO ARRIVE



BY SUBWAY (A)

To get school by subway, go to Colégio Militar/Luz metro station on the blue line (See the highlighted station on the subway diagram). From there follow Colégio Militar's Avenue to school as shown on the map.



BY TRAIN (B)

To get school by train, go to Benfica Station in Sintra's Line (See the highlighted station on the subway diagram). From there, just go up the road to the school as shown on the map.



BY BUS (C)

There are several options to get school by bus, stopping either in Colégio Militar or near Benfica's train station. Listed below are the buses that allow you to get school.

STOPPING IN COLÉGIO MILITAR (C1)

703 B° Santa Cruz - Charneca

729 B° Padre Cruz - Algés

750 Estação Oriente - Algés

764 Cidade Universitária-Damaia De Cima

765 Colégio Militar (Metro) - Rua João Ortigão Ramos

767 Campo Mártires Da Pátria - Damaia Estação

799 Alfragide Norte - Av. Colégio Militar (Metro)

STOPPING NEAR BENFICA'S TRAIN STATION (C2)

758 Cais Sodré - Estação De Miraflores

703 B° Santa Cruz - Charneca

724 Pontinha - Alcântara - Cç. Da Tapada

729 B° Padre Cruz - Algés

750 Estação Oriente - Algés

754 Alfragide - Campo Pequeno

764 Cidade Universitária - Damaia De Cima

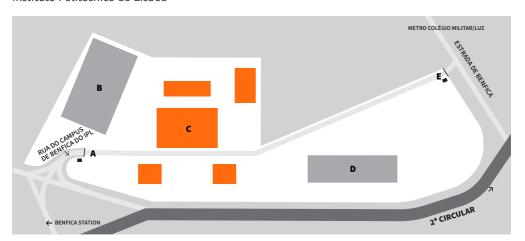
799 Alfragide Norte - Av. Colégo Militar (Metro)



IPL CAMPUS MAP

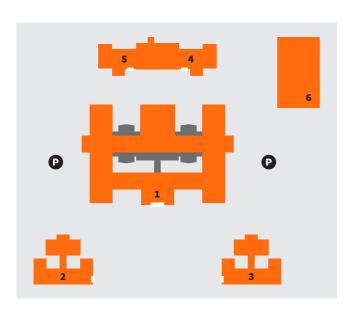
CAMPUS DE BENFICA DO IPL

Instituto Politécnico de Lisboa



- A ENTRY 1
- **B ESML** | Escola Superior de Música de Lisboa
- C ESELx | Escola Superior de Educação de Lisboa
- **D ESCS** | Escola Superior de Comunicação Social
- E ENTRY 2

ESELx MAP



1 11

- 1 Main Building
- 2 Pavilion 2 (P2)
- 3 Pavilion 1 (P1)
- 4 Pavilion 3 (P3)
- 5 Pavilion 3 (P3)
- 6 Play Field
- Parking lot

GROUND FLOOR

1.1

ENTRANCE

TREASURY

ACADEMIC SERVICES **HUMAN RESOURCES**

INTERNATIONAL RELATIONS OFFICE

CANTEEN/BAR

MINICAMPUSIPL **GREAT HALL**

AMPHITHEATRE

LABORATORY

1st **FLOOR**

BOARD

COMPUTER ROOM

THEATRE CLASSROOM

AUDIOVISUAL AND MULTIMEDIA

DEPARTMENT

LIBRARY

MUSIC ROOM

ARTS ROOM

GROUND ARTS ROOMS **FLOOR**

GROUND FLOOR

MATHEMATIC ROOMS

4 GROUND **FLOOR**

STUDENT'S UNION ROOMS

STUDY ROOM

5 GROUND **FLOOR**

SAS -SOCIAL SERVICES

GROUND PLAYING FIELD **FLOOR**

MAIN SERVICES

ACADEMIC SERVICES AND TREASURY

The academic services are situated on the Ground Floor. The staff member uncharged of this service is Sílvia Santos.



s.academicos@eselx.ipl.pt

INTERNATIONAL RELATIONS OFFICE

The international office is situated on the Ground Floor. The staff member uncharged of this service is Cristina Marques.



grima@sc.ipl.pt

AUDIO-VISUAL SERVICE

Situated on the 1st Floor next to the library, there is a studio containing audiovisual resources, a dark room and a multimedia laboratory that students may use upon request.



helpdesk@eselx.ipl.pt

SAS - SERVIÇOS DE AÇÃO SOCIAL

The SAS allow the allocation of Social Benefits to students through a registration and analysis.



www.sas.ipl.pt

CANTEEN/BAR

A place where you can have your all meals.



SCHEDULE

MONDAY - FRIDAY 8:00am to 9:00pm

INFORMATIC CENTRE

Ensures technical support in the use of available computing resources for students and teachers of ESELx.



helpdesk@eselx.ipl.pt

STUDENT'S PROVIDER

It is Student's Provider responsibility to consider of students on complaints educational, administration and social action issues.



provedordoestudante@ipl.pt

LIBRARY

Situated on the 1st Floor, the library has a wide range of literature on all subjects. Computers can be used to search and locate the books. There is a space for group work and individual studies. A library card is required for book requisitions and it can be requested at the library.



EMAIL cdi_biblioteca@eselx.ipl.pt

STUDENT'S UNION

Elected by the students every 3 years, the students union develops a series of social and cultural activities for the students, as well as helping with all the matters related to the academic tradition.



geralaeeselx@gmail.com

THE WEBSITE AND PLATFORMS

INSTITUTIONAL CREDENTIALS

Upon your arrival on the school, an institutional number will be attributed to you, which you can use to access the different online platforms.

INTERNET ACCESS

Windows 7 and Windows 10

You must detect the presence of the network and allow automatic parameterization, follow the system's instructions.

Windows (versions 7 and later)

- > Select the wireless network connection with the right mouse button and choose the option "Connect to network".
- > Although the eduroam wireless network is visible, it needs to be configured before you can connect to it
- > Choose the option "Set up a connection or network".
- > Choose the illustrated option "Manually connect to a wireless network".
- > Choose the options Security type: WPA2-Enterprise and Encryption Type: AES as shown in the following figure.
- > To configure some additional parameters, choose "Change connection settings".
- > Confirm the configuration with the image and correct the missing parameters.
- > Configure the parameters according to the image below and select "Settings".
- > To validate the server certificates configure as shown in the following figure.

Note: The "Enable Fast Reconnect" option must be disabled and for greater security, the "Connect to these servers" option must contain "wifi.net.ipl.pt"

> In this window it is necessary to turn off the option "Automatically use my Windows logon name and password (and domain if any)" to prevent the system from trying to use the local Windows user and password as wireless network credentials.

Close all open configuration windows with "OK".

- > A dialog box will appear saying that it is necessary to provide additional information for the eduroam or e-U network. Click on that box.
- > Insert your e-mail address and password. Note: Do not put anything in the Logon domain field.

Apple MacOS

- > If not active, turn on AirPort.
- > Select the "eduroam" network, if it still does not appear, wait for a while until the system detects it.
- > At this stage, you must enter your credentials, namely your E-mail address (username) and respective password (password) in order to authenticate yourself and guarantee access to the eduroam wireless network.
- > The configuration is completed and you should already have access. If a window with the title "Verify Certificate" appears, as shown in the following figure, it means that you have not installed the root certificate or it has been badly installed.

OFFICE 365

- # use of Office Online (Word, PowerPoint, Excel and OneNote)
- # installation of Office applications on your device # "cloud" storage through the OneDrive service

Conditions to be able to enjoy Office 365 Education:

- # have an active institutional email address for example: user@unidadeorganica.ipl.pt
- # students can use the service until they finish their studies or stop being enrolled in one of the IPL schools

To activate Office 365 you must follow the steps below:

- > access the Control Panel and authenticate
- > select the option Office 365
- > activate the checkbox "Activar Office 365"
- > confirm in the button "Actualizar" and wait a few minutes until you go to the Status: "Activo"
- > go to the Office 365 website

[at https://www.office.com/]

- > in the upper right corner go to "Iniciar> Para emprego, escola ou universidade"
- > you will be redirected to the IPL authentication page, where you must enter your credentials (email and password), confirm and consent to sending data to Microssoft
- > the process is complete with access to your personal Office 365 page

ACTIVATION OF ESELX EMAIL ACCOUNT

SEE THE TUTORIAL



ACCESS TO ESELX EMAIL ACCOUNT

SEE THE TUTORIAL



FORWARD ESELX EMAIL TO PERSONAL EMAIL ACCOUNT

SEE THE TUTORIAL



ACCESS TO ESELX COMPUTERS

SEE THE TUTORIAL



ACCESS TO NETPA

SEE THE TUTORIAL



REQUISITION OF DOCUMENTS THROUGH NETPA

SEE THE TUTORIAL



ACCESS TO THE NEW MOODLE ESELX / IPL

SEE THE TUTORIAL



ACCESS TO COMPEND

SEE THE TUTORIAL



DO YOU KNOW HOW TO PRINT ON ESELX COMPUTERS?

SEE THE TUTORIAL



V LOCATION

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