



# COURSE LIST

ERASMUS 2021/22

#ESELx

Escola Superior de Educação de Lisboa  
Instituto Politécnico de Lisboa

**ANNUAL**



CODE	COURSE NAME	ECTS	Available for students with portuguese level under B2?	<b>OTHER REQUIREMENTS/OBSERVATIONS</b>		PROGRAM
				(if the option has the same letter, it means that the class takes place at the same time)		
9005469	Ear Training I	5,0	Yes	Basic music reading and aural identification skills		Community Music
9006470	<a href="#"><u>Instrument Harmonization Practice I</u></a> <a href="#"><u>(Keyboards / Guitar)</u></a>	6,0	Yes	Music reading skills		Community Music
9006374	<a href="#"><u>Harmony</u></a>	3,0	Yes	Music reading skills		Community Music
9006393	Ear training II	5,0	Yes	Music reading and aural identification skills		Community Music
9006394	Community Music Project I	10,0	No	Prior musical experience		Community Music
9006471	<a href="#"><u>Instrument Harmonization Practice II</u></a> <a href="#"><u>(Keyboards / Guitar)</u></a>	5,0	Yes	Music reading skills		Community Music
9006405	Community Music Project II	12	No	Prior musical experience		Community Music
9006359	Choir I	4	Yes	Prior singing experience		Community Music
9005464	<a href="#"><u>Instrumental Ensemble Practice I</u></a>	6	Yes	Experience playing an instrument		Community Music
9006406	<a href="#"><u>Ear training III</u></a>	5	Yes	Advanced music reading and aural identification skills		Community Music
9006137	<a href="#"><u>Intervention Project in Social-cultural Community Development I</u></a>	14	Yes	Social-Cultural Community Development program or similar student		Social-Cultural Community Development
9006140	<a href="#"><u>Intervention Project in Social-cultural Community Development II</u></a>	30	Yes	Social-Cultural Community Development program or similar student		Social-Cultural Community Development
9006144	<a href="#"><u>Intervention Project in Social-cultural Community Development III</u></a>	30	Yes	Social-Cultural Community Development program or similar student		Social-Cultural Community Development

**AUTUMN**



CODE	COURSE NAME	ECTS	Available for students with portuguese level under B2?	OTHER REQUIREMENTS/OBSERVATIONS		PROGRAM
				(if the option has the same letter, it means that the class takes place at the same time)		
9006190	Techniques for oral and written expression I	5	No			Artistic and Cultural Mediation
9005544	<a href="#">French language I</a>	3	Yes			Artistic and Cultural Mediation
9006151	<a href="#">English Language I</a>	3	Yes			Artistic and Cultural Mediation
9006192	<a href="#">Multimedia Communication I</a>	5	Yes			Artistic and Cultural Mediation
9006193	<a href="#">Project Methodology I</a>	5	Yes	Artistic and cultural mediation program or similar student		Artistic and Cultural Mediation
9006194	<a href="#">Art Theory I</a>	6	Yes			Artistic and Cultural Mediation
9006195	<a href="#">Anthropology of culture</a>	6	Yes			Artistic and Cultural Mediation
9006198	Techniques for oral and written expression II	4	No			Artistic and Cultural Mediation
9005550	<a href="#">French language II</a>	3	Yes			Artistic and Cultural Mediation
9006152	<a href="#">English Language II</a>	3	Yes			Artistic and Cultural Mediation
9006200	Multimedia Communication II	5	Yes			Artistic and Cultural Mediation
9006201	<a href="#">Art Theory II</a>	6	Yes			Artistic and Cultural Mediation
9006202	<a href="#">Project Methodology II</a> *	4	Yes	Artistic and cultural mediation program or similar student		Artistic and Cultural Mediation
9006203	<a href="#">Cultural Policies I</a>	5	Yes			Artistic and Cultural Mediation
9005003	<a href="#">Psychosociology of Organizations and Group Dynamics</a>	4	No			Artistic and Cultural Mediation
9005557	<a href="#">Aesthetics</a>	3	Yes			Artistic and Cultural Mediation
9005801	Creative Industries and Entrepreneurship	3	Yes			Artistic and Cultural Mediation
9006376	<a href="#">French language III</a>	3	Yes			Artistic and Cultural Mediation
9006375	<a href="#">English Language III</a>	3	Yes			Artistic and Cultural Mediation
9006208	<a href="#">Sociology of Culture</a>	4	Yes			Artistic and Cultural Mediation
9006209	<a href="#">Cultural Policies II</a>	3	Yes			Artistic and Cultural Mediation
9006210	<a href="#">Project Methodology III</a> *	3	Yes	Artistic and cultural mediation program or similar student		Artistic and Cultural Mediation
9006211	<a href="#">Professionalism and Artistic and Cultural Mediation</a>	3	Yes			Artistic and Cultural Mediation
9006212	<a href="#">Diversity, Cultures and Social Intervention</a>	4	Yes			Artistic and Cultural Mediation

9005424	<a href="#">Plastic Arts I</a>	4	No	Basic Education
9005978	<a href="#">Music I</a>	3,5	Yes	English Language Under B2: No
9005979	<a href="#">Theatre I</a>	3,5	Yes	Basic Education
9005980	<a href="#">Integrated Perspectives on the Social Reality</a>	9	No	Portuguese language level: C1
9005981	<a href="#">Concepts and Procedures in Experimental Science</a>	4	No	Basic Education
9005982	Portuguese Academic Writing	6	No	Portuguese language level: C2
9005987	<a href="#">Theatre II</a>	4	No	Basic Education
9005988	Introduction to Research in Educational Practice	5,5	No	Basic Education
9005989	Portuguese Syntax and Semantics	5,5	No	Basic Education
9005990	<a href="#">Data Analysis</a>	5,5	No	Basic Education
9005991	<a href="#">History and Geography of Portugal I</a>	6	No	Portuguese language level: C2
9005058	<a href="#">Physical Education II</a>	3,5	No	Basic Education
9005995	<a href="#">Mathematics and Culture</a>	6,5	Yes	Basic Education
9005996	Developmental and Learning Psychology	5	No	Basic Education
9005997	<a href="#">Pedagogy and Curriculum</a>	5	Yes	Basic Education
9005998	Language Development	4,5	No	Portuguese language level: C2
9005438	The Social Environment as an Educational Resource	3	Yes	Optional Basic Education A
9006113	Dynamic Geometry	3	Yes	Optional Basic Education A
9005536	<a href="#">Story animation</a>	3	Yes	Optional Basic Education B
9005682	<a href="#">Sex Education</a>	3	Yes	Optional Basic Education B
9005863	<a href="#">First Aid</a>	3	Yes	Optional Basic Education C
9005229	<a href="#">Nutrition, Motivity and child security</a>	3	Yes	Optional Basic Education C
9005863	<a href="#">First Aid</a>	3	Yes	Optional Basic Education
9005024	Music History I	3,5	No	Community Music
9006439	Expression Techniques in Portuguese Language	5	No	Community Music
9006372	Introduction to Community Music	3	Yes	Community Music
9006373	<a href="#">Music and Technology I</a>	4	Yes	Community Music

9006396	Musical Direction Practice I	4	Yes	Music reading skills	Community Music
9006397	<a href="#">Music and Movement I</a>	3,5	No		Community Music
9006399	<a href="#">Community Project Management</a>	3,5	No		Community Music
9006408	<a href="#">Music and Movement II</a>	3,5	No		Community Music
9006410	<a href="#">World Musical Cultures</a>	4,5	No		Community Music
9006409	<a href="#">Musical Arrangement Techniques</a>	5	Yes	Music reading and writing skills	Community Music
9006454	Choir	2	Yes	Prior singing experience	Community Music
9006455	Instrumental Ensemble Practice	3	Yes	Instrumental or singing skills	Community Music
9005001	<a href="#">Social Policies and Inclusion</a>	4	Yes		Social-Cultural Community Development
9005003	<a href="#">Psychosociology of Organizations and Group Dynamics</a>	4	Yes		Social-Cultural Community Development
9006130	<a href="#">Fundamental Concepts of Sociocultural Community Development</a>	4	Yes		Social-Cultural Community Development
9006131	<a href="#">Contemporary Social Issues</a>	4	Yes		Social-Cultural Community Development
9006132	<a href="#">Speaking and writing techniques</a>	4	No	Portuguese language level: B2	Social-Cultural Community Development
9006138	<a href="#">Models for Community Intervention</a>	4	Yes		Social-Cultural Community Development
9006139	<a href="#">Diversity, Cultures and Social Intervention</a>	4	Yes		Social-Cultural Community Development
9006141	<a href="#">Culture, Art, Science and Community Development</a>	4	Yes		Social-Cultural Community Development
9006142	<a href="#">Interculturality, Citizenship and Mediation</a>	4	Yes		Social-Cultural Community Development
9006143	<a href="#">Risk groups and behaviors</a>	4	Yes		Social-Cultural Community Development
9006151	<a href="#">English Language I</a>	3	Yes	Optional Social-Cultural Community Development A	Social-Cultural Community Development
9005544	<a href="#">French Language I</a>	3	Yes	Optional Social-Cultural Community Development A	Social-Cultural Community Development
9006158	<a href="#">Mathematical Games applied to community development</a>	3	Yes	Optional Social-Cultural Community Development B	Social-Cultural Community Development
9005073	<a href="#">Natural and Physical Science applied to community development</a>	3	Yes	Optional Social-Cultural Community Development B	Social-Cultural Community Development

9006159	<a href="#"><u>Literature and storytelling</u></a>	3	Yes	Optional Social-Cultural Community Development C	Social-Cultural Community Development
9006160	<a href="#"><u>Museological Contexts applied to community development</u></a>	3	Yes	Optional Social-Cultural Community Development C	Social-Cultural Community Development
9006161	<a href="#"><u>Drama Workshop applied to community deveploment</u></a>	3	Yes	Optional Social-Cultural Community Development D	Social-Cultural Community Development
9005231	<a href="#"><u>Music Workshop applied to community developement</u></a>	3	Yes	Optional Social-Cultural Community Development D	Social-Cultural Community Development
9006162	<a href="#"><u>Leisure Activities and Healthy Life Styles</u></a>	3	Yes	Optional Social-Cultural Community Development E	Social-Cultural Community Development
9005433	<a href="#"><u>Site Performance applied to community development</u></a>	3	Yes	Optional Social-Cultural Community Development E	Social-Cultural Community Development
9006164	Digital Media applied to community development	3	Yes	Optional Social-Cultural Community Development F	Social-Cultural Community Development
9005012	<a href="#"><u>Music and Movement</u></a>	3	Yes	Optional Social-Cultural Community Development F	Social-Cultural Community Development
9006163	<a href="#"><u>Sports applied to community development</u></a>	3	Yes	Optional Social-Cultural Community Development G	Social-Cultural Community Development
9005111	<a href="#"><u>Visual Arts Workshop</u></a>	3	Yes	Optional Social-Cultural Community Development G	Social-Cultural Community Development
9006152	<a href="#"><u>English Language II</u></a>	3	Yes	Optional Social-Cultural Community Development H	Social-Cultural Community Development
9005550	<a href="#"><u>French Language II</u></a>	3	Yes	Optional Social-Cultural Community Development H	Social-Cultural Community Development
9005674	Special Need	5	Yes		Social-Cultural Community Development
9006154	Intervenção Educativa Não-Formal	5	Yes		Social-Cultural Community Development
9006155	Psychosocial well-being, health and community development	5	Yes		Social-Cultural Community Development
9006157	Community development in cultural and Educative organizations	5	Yes		Social-Cultural Community Development
9006306	<a href="#"><u>Arts, Technologies and Multimedia I</u></a>	8	Yes		Visual Arts and Technologies
9006307	<a href="#"><u>Design Project I</u></a>	8	Yes		Visual Arts and Technologies
9006308	<a href="#"><u>Drawing I</u></a>	3	Yes		Visual Arts and Technologies
9006309	<a href="#"><u>Art History I</u></a>	4	No		Visual Arts and Technologies
9006310	<a href="#"><u>Image Theory and Visual Culture</u></a>	4	No		Visual Arts and Technologies
9006318	<a href="#"><u>Arts, Technologies and Multimedia III</u></a>	7,5	Yes	Visual Arts and Multimedia Technologies skills	Visual Arts and Technologies

9006319	<a href="#"><u>Design Project III</u></a>	7,5	Yes	Digital Image/Design Technologies skills	Visual Arts and Technologies
9006320	<a href="#"><u>Drawing III</u></a>	3	Yes		Visual Arts and Technologies
9006321	<a href="#"><u>Art History II</u></a>	4	No		Visual Arts and Technologies
9006322	Digital Representation	4	Yes	Digital Image/Design Technologies skills	Visual Arts and Technologies
9006323	<a href="#"><u>Theory and Practice of Creativity</u></a>	4	Yes		Visual Arts and Technologies
9006332	<a href="#"><u>Design Project V</u></a>	7,5	Yes	Digital Image/Design Technologies skills	Visual Arts and Technologies
9006331	<a href="#"><u>Arts, Technologies and Multimedia Project I</u></a>	7,5	Yes	Visual Arts and Multimedia Technologies skills	Visual Arts and Technologies
9006333	<a href="#"><u>Drawing V</u></a>	3	Yes		Visual Arts and Technologies
9006335	<a href="#"><u>Inovation Design</u></a>	4,5	Yes		Visual Arts and Technologies
9006334	<a href="#"><u>Art and Design Studies</u></a>	4,5	No		Visual Arts and Technologies
9006291	<a href="#"><u>Branding</u></a>	3	Yes	Optional Arts Y	Visual Arts and Technologies
9006350	Concept Art I	3	Yes	Optional Arts X	Visual Arts and Technologies
9006462	<a href="#"><u>Scientific Illustration II</u></a>	3	Yes	Optional Arts Y	Visual Arts and Technologies
9006229	<a href="#"><u>User-centered design</u></a>	3	Yes	Optional Arts Y	Visual Arts and Technologies
9006463	Analog Photography Laboratory	3	Yes	Optional Arts Y	Visual Arts and Technologies
9006038	<a href="#"><u>Printmaking I</u></a>	3	Yes	Optional Arts Y	Visual Arts and Technologies
9006120	Infographics	3	Yes	Optional Arts Y	Visual Arts and Technologies
9006353	<a href="#"><u>Sketchbook I</u></a>	3	Yes	Optional Arts Y	Visual Arts and Technologies
9006036	Video Design	3	Yes	Optional Arts X	Visual Arts and Technologies

**SPRING**



CODE	COURSE NAME	ECTS	Available for students with portuguese level under B2?	OTHER REQUIREMENTS/OBSERVATIONS (if the option has the same letter, it means that the class takes place at the same time)	PROGRAM
9006196	<a href="#">Intervention Project in Artistic and Cultural Mediation I *</a>	15	Yes	Artistic and cultural mediation program or similar student	Artistic and Cultural Mediation
9005800	<a href="#">Theory and Practice of Creativity</a>	5	Yes		Artistic and Cultural Mediation
9006205	<a href="#">Cultural Organizations and Territorial Intervention</a>	5	Yes		Artistic and Cultural Mediation
9006206	<a href="#">Intervention Project in Artistic and Cultural Mediation II *</a>	20	Yes	Artistic and cultural mediation program or similar student	Artistic and Cultural Mediation
9006213	<a href="#">Intervention Project in Artistic and Cultural Mediation III *</a>	30	Yes	Artistic and cultural mediation program or similar student	Artistic and Cultural Mediation
9005052	<a href="#">Physical Education I</a>	4	Yes		Basic Education
9005093	Portuguese Phonology and Morphology	5	No		Basic Education
9005097	Sociology of Education	5	No		Basic Education
9005195	<a href="#">Intervention in Educational Situations</a>	10	Yes	English Language Under B2: No	Basic Education
9005427	<a href="#">Plastic Arts II</a>	3,5	No		Basic Education
9005983	<a href="#">Literature for Children and Young People</a>	6	No		Basic Education
9005984	<a href="#">Physical Sciences in Everyday Life</a>	4	No		Basic Education
9005985	<a href="#">Numbers and Operations</a>	7,5	Yes		Basic Education
9005986	Observation and Description of Educational Situations	3,5	No		Basic Education
9005992	<a href="#">Music II</a>	4	No		Basic Education
9005993	Geometry	7,5	Yes		Basic Education
9005994	<a href="#">Living World</a>	7	No		Basic Education
9006000	<a href="#">Didactics of the Portuguese Language in Basic Education</a>	3,5	No	Portuguese language level: C2	Basic Education
9006001	<a href="#">Didactics of Mathematics in Basic Education</a>	3,5	No		Basic Education
9006002	<a href="#">Didactics of Environmental Studies in Basic Education</a>	4	Yes		Basic Education
9006003	<a href="#">Didactics of Artistic Expressions and Physical Education</a>	6	No		Basic Education

9005682	<a href="#"><u>Sex Education</u></a>	3	Yes	Optional Basic Education A	Basic Education
9005863	<a href="#"><u>First Aid</u></a>	3	Yes	Optional Basic Education A	Basic Education
9005229	<a href="#"><u>Nutrition, Motivity and child security</u></a>	3	Yes	Optional Basic Education B	Basic Education
9005536	<a href="#"><u>Story animation</u></a>	3	Yes	Optional Basic Education B	Basic Education
9005675	<a href="#"><u>Inclusive Education: Responding to Special Educational Needs</u></a>	3	Yes	Optional Basic Education C	Basic Education
9005237	<a href="#"><u>Development in Situations of Risk</u></a>	3	Yes	Optional Basic Education C	Basic Education
9005675	<a href="#"><u>Inclusive Education: Responding to Special Educational Needs</u></a>	3	Yes	Optional Basic Education D	Basic Education
	Augmentative and Alternative Communication (AAC) devices for children with special needs				
9005309	Communication (AAC) devices for children with special needs	3	Yes	Optional Basic Education D	Basic Education
9005545	Early Childhood Education and Quality Practices	3	Yes	Optional Basic Education E	Basic Education
9005236	Therapeutic Pedagogy	3	Yes	Optional Basic Education E	Basic Education
9005553	Corporal and Vocal Expression	3	Yes	Optional Basic Education	Basic Education
9005033	Music History II	3,5	No		Community Music
9006363	<a href="#"><u>Models and Practises of Community Intervention</u></a>	4	No		Community Music
9006368	<a href="#"><u>Theatre and Community Practice</u></a>	4	No		Community Music
9006370	<a href="#"><u>Introduction to Community Music Research</u></a>	4	No		Community Music
9006371	Percussion Instrument Training	4	Yes	Music reading skills	Community Music
9006395	History of Music in Portugal	3,5	No		Community Music
9006398	<a href="#"><u>Music and Technology II</u></a>	3	No		Community Music
9006400	Acoustics and Audio Techniques	3,5	Yes		Community Music
9006407	Music Lab – Activities and Resource	4,5	Yes		Community Music
9006411	<a href="#"><u>Popular Music Studies</u></a>	4	No		Community Music
9006412	<a href="#"><u>Psychology of Music</u></a>	4,5	No		Community Music
9006413	Musical Direction Practice II	4	Yes	Music reading skills and basic musical direction skills	Community Music
9006454	Choir	2	Yes	Prior singing experience	Community Music
9006455	Instrumental Ensemble Practice	3	Yes	Instrumental or singing skills	Community Music
9006133	Human development and life cycles	4	Yes		Social-Cultural Community Development

9006134	<a href="#"><u>Historical, Artistical, Cultural Heritage and Community development</u></a>	4	Yes	Social-Cultural Community Development
9006135	<a href="#"><u>Natural Heritage, Environment, Health and Community development</u></a>	4	Yes	Social-Cultural Community Development
9006136	<a href="#"><u>Information and communication technology</u></a>	4	Yes	Social-Cultural Community Development
9005795	Communication Through Image	5	Yes	Visual Arts and Technologies
9006312	<a href="#"><u>Arts, Technologies and Multimedia II</u></a>	8	Yes	Visual Arts and Technologies
9006313	<a href="#"><u>Design Project II</u></a>	8	Yes	Visual Arts and Technologies
9006314	<a href="#"><u>Drawing II</u></a>	3	Yes	Visual Arts and Technologies
9006316	<a href="#"><u>Writing techniques</u></a>	3	No	Visual Arts and Technologies
9006324	<a href="#"><u>Arts, Technologies and Multimedia IV</u></a>	7,5	Yes	Visual Arts and Multimedia Technologies skills
9006325	<a href="#"><u>Design Project IV</u></a>	7,5	Yes	Digital Image/Design Technologies skills
9006326	<a href="#"><u>Drawing IV</u></a>	3	Yes	Visual Arts and Technologies
9006327	Theory and History of Design	3	No	Visual Arts and Technologies
9006328	<a href="#"><u>Art Theory</u></a>	3	No	Visual Arts and Technologies
9006340	<a href="#"><u>Profissional Practices and Entrepreneurship</u></a>	9	Yes	Visual Arts and Technologies
9006339	<a href="#"><u>Drawing VI</u></a>	3	Yes	Visual Arts and Technologies
9006337	<a href="#"><u>Arts, Technologies and Multimedia Project II</u></a>	7,5	Yes	Visual Arts and Multimedia Technologies skills
9006338	<a href="#"><u>Design Project V</u></a>	7,5	Yes	Digital Image/Design Technologies skills
9005928	Art Therapy	3	Yes	Optional Arts B
9006117	<a href="#"><u>Textile art</u></a>	3	Yes	Optional Arts A
9006292	<a href="#"><u>Street art</u></a>	3	Yes	Optional Arts B
9005790	<a href="#"><u>Ceramics II</u></a>	3	Yes	Optional Arts A
9005670	<a href="#"><u>Scientific Illustration I</u></a>	3	Yes	Optional Arts B
9006221	<a href="#"><u>Digital Image Editing</u></a>	3	Yes	Optional Arts C
9006222	<a href="#"><u>Lighting and Creativity</u></a>	3	Yes	Optional Arts A
9005798	<a href="#"><u>Illustration I</u></a>	3	Yes	Optional Arts D
9006352	<a href="#"><u>Human Figure</u></a>	3	Yes	Optional Arts C
9006295	Publicity and Art Direction	3	Yes	Optional Arts A

9006293	Digital Painting Techniques	3	Yes	Drawing skills and Digital image Technologies (adobe photoshop) skills/ Optional Arts D	Visual Arts and Technologies
9006128	<a href="#"><u>Typography</u></a>	3	Yes	Optional Arts D	Visual Arts and Technologies
9006035	Video I	3	Yes	Optional Arts C	Visual Arts and Technologies

**ACADEMIC CALENDAR 2021/2022**

Classes	Publication of results	Enrollment for exams	Publication of the exam calendar	Exams	Holiday	Quality assessment questionnaires	Welcome Session Erasmus+
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**Autumn Semester**

Mês Month	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D				
setembro September					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26				
outubro October						1	2	3		4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25			
novembro November			55	1	2	3	4	5	6	7	56	8	9	10	11	12	13	14	57	15	16	17	18	19	20	21	22	23	24	25	26			
dezembro December					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		
janeiro January	1	2	512	3	4	5	6	7	8	9	513	10	11	12	13	14	15	16	514	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
fevereiro February			1	2	3	4	5	6	7	8	9	10	11																					

**Spring Semester**

Mês Month	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D							
fevereiro February										12	13	51	14	15	16	17	18	19	20	52	21	22	23	24	25	26	27	53	28								
março March			1	2	3	4	5	6	54	7	8	9	10	11	12	13	55	14	15	16	17	18	19	20	56	21	22	23	24	25	26	27	57	28	29	30	31
abril April						1	2	3	58	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	59	25	26	27	28	29	30
maio May		1	510	2	3	4	5	6	7	8	511	9	10	11	12	13	14	15	512	16	17	18	19	20	21	22	513	23	24	25	26	27	28	514	30	31	
junho June						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
julho July						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	

